



Educational Lecture Series

GMHA is excited to announce our topics and speakers for our annual Educational Series. All sessions are FREE to our members and \$15/session for non-members (\$25/day for All About Tack). Lunch is available for purchase for \$15 during our two full day sessions.

Please RSVP using the attached form if you are planning to attend! RSVP's are mandatory only if you are ordering lunch. Walk-ins are welcome. In the event of inclement weather, events may be rescheduled- please see our website or call the office to check the status.

February 27: Acupuncture, Chiropractic & Complementary Therapies with Dr. Heather Hoyns, DVM

To be held at Evergreen Equine from 2-4pm.

Directions: From GMHA, take Route 106 south for 7 miles. Turn left onto Route 44. Evergreen Equine is 1/4 mile down on your left.

Learn about how Acupuncture, Chiropractic and other complementary "alternative" therapies work and how they can help your horse. Dr. Heather Hoyns will discuss the theories behind these modalities, and have live demonstrations of both Acupuncture & Chiropractic in the clinic (approx. 55 degrees- please dress accordingly).

March 13: Trail Conservation Summit: A Discussion on Land and Trail Conservation

To be held from 8:30am-2pm in the GMHA Youth Center

Please see attached full agenda.

March 27: Rider Fitness: Increase Your Strength and Flexibility with Lucy Dunn

To be held at GMHA from 9-11am.

Lucy will discuss the importance of staying fit, and several strategies to maximize your fitness, and your effectiveness as a rider! Following the discussion will be a Pilates class focusing on increasing strength and flexibility. Please bring a floor mat if you have one!

April 10: All About Your Tack with Lori Berger and Peggy Struhsacker

Session 1: Bits and Bitting with Lori Berger

To be held at GMHA from 10am-12pm.

Lori will discuss the many different types of bits, and how to select the one that will fit not only your needs, but those of your horse as well.

12pm: Lunch break- Bring your own lunch or purchase from GMHA for \$15.

Session 2: Saddle Fitting 101 with Peggy Struhsacker, MSA certified saddle fitter.

To be held at the Kedron Valley Stables from 1-3pm.

Peggy will demonstrate the steps to saddle fitting first and address the complexity of saddle fitting and the mechanics of a horse working under saddle. Peggy represents County Saddlery, Inc.

Trails Conservation Summit

A Discussion on the Conservation of Land and Trails

Sponsored by the Green Mountain Horse Association

Saturday, March 13, 2010

GMHA Youth Center, 8:30 a.m. – 2:00 p.m.

TENTATIVE AGENDA

8:30 am Coffee and registration

9:00 am Welcome by Jill Helmer

Co-Chair of the Landowner Ambassador Committee

Speakers:

Deborah Donahue, GMHA Trails Coordinator

Annette Lorraine, Attorney and Consultant in Land Conservation

Whitney Beals, Conservation Specialist, New England Forestry Foundation

Owner of New England Forestry Foundation Conserved Lands:

Frank Moore, West Windsor

10:30-10:45am Break

10:45-12:00pm Patrick Bartlett- Forester

Current Use Issues for 2010

Developing a trail network in a managed woodlot

12:00-12:45pm Lunch – Tickets available @15.00 per person

12:45-2pm Patrick Bartlett-

Pruning of trees and shrubs to maintain trails

Apple tree pruning

*** This is an outdoor workshop that may require snowshoes. Bring your pruners and clippers to learn the correct way to prune trees and shrubs along your trails.**

Local Trail Resources:

Forest Savers

Chippers

John Morton Trails

Vermont Coverts

Upper Valley Land Trust

Bartlett Tree Experts

Vermont Association of Snow Travelers

Sport Trails of the Ascutney Basin.

Vermont Land Trust

Ottawaquechee Natural Resources Conservation District

Upper Valley Trails Alliance



Educational Lecture Series

I plan to attend:

- February 27: **Acupuncture, Chiropractic & Complementary Therapies**
with Dr. Heather Hoyns, DVM

Please note: This will take place at the Evergreen Equine Clinic-
please see directions on attached flyer.

- March 13: **Trail Conservation Summit:**
A Discussion on Land and Trail Conservation

Please include \$15 if you would like to eat lunch at GMHA during the Trails Summit. You may BYO-lunch.

- Yes, I would like to eat lunch.

I am attending as a:

- GMHA Member
 GMHA Landowner
 Non-Member Involved with GMHA
 Trail User (Please list uses: bike, snowmobile, ect.): _____
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- March 27: **Rider Fitness: Increase Your Strength and Flexibility**
with Lucy Dunn
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- April 10: **All About Your Tack** *with Lori Berger and Peggy Struhsacker*

Please include \$15 if you would like to eat lunch at GMHA during All About Tack. You may BYO-lunch.

- Yes, I would like to eat lunch.

Please mail or fax this form to:

GMHA Educational Lecture Series, PO Box 8, South Woodstock, VT 05071

Fax: (802) 457-4471

Phone: (802) 457-1509

Email: gmha@gmhainc.org

Last minute RSVP's will be accepted by phone or email IF SPACE IS AVAILABLE.

Green Mountain Horse Association
PO Box 8
South Woodstock, VT 05071

